

iCOPE

The world's first perinatal mental health digital screening tool

- ✓ Effective, efficient + accurate
- ✓ COVID-proof (Telehealth + SMS compatible)
- ✓ Available to all perinatal healthcare service providers in Australia including maternity hospitals, OBGYNs and GPs

diginostic

In partnership with

COPE
Centre of Perinatal Excellence

iCOPE Private Healthcare and
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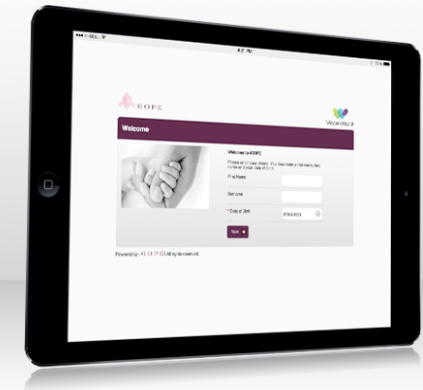
About iCOPE

iCOPE is a world-leading, interactive digital screening tool that facilitates efficient and effective mental health screening in the perinatal period (pregnancy and year following birth). Developed in partnership with the Centre of Perinatal Excellence (COPE), iCOPE is available to medical professionals providing perinatal healthcare across Australia.

As recommended by the Australian Best Practice Guideline (COPE, 2017), the screen integrates the Edinburgh Postnatal Depression Scale (EPDS), the Antenatal/Postnatal Risk Questionnaire (ANRQ/PNRQ) and a family violence screen (in line with State and Territory Health Policies).

Key benefits of iCOPE

- 1 **COVID-proof remote and mobile screening** – for in-person and telehealth appointments via SMS link on patient-owned mobile device, ensuring the screening process can continue regardless of patients' ability to physically attend their appointment.
- 2 **Saves time** – enables screens to be completed prior to consultation, with the clinical report available to the clinician at the beginning of the consultation.
- 3 **Available in 25 languages** – enables patients to undertake the screen and receive their report in their preferred language, increasing accuracy and minimising need for translators. Currently available in Arabic, Burmese, Cantonese, Central Khmer, Chin Hakka, Dari, Dinka, English, French, Hazaragi, Hindi, Indonesian, Japanese, Karen, Korean, Mandarin, Nepali, Persian/Farsi, Punjabi, Tagalog, Tamil, Thai, Turkish, Urdu and Vietnamese.
- 4 **Approved MBS billing** – Antenatal consultation MBS 16590/MBS 16591; Postnatal MBS 16407; Complex birth MBS 16522 and allows patient consent for bulk billing and telehealth consultation.
- 5 **Easy integration with patient record systems** – clinical reports can be easily uploaded and integrated into patient record systems, including **My Health Record**.



Additional benefits

- ✓ **Instant, automated clinical reports (event summaries)** – with clinical scores, outcomes and guidance in line with best practice.
- ✓ **Ensures 100% accuracy** and eliminates scorer error through automated scoring.
- ✓ **Embeds best practice** by ensuring consistency and accuracy in line with clinical guidelines.
- ✓ **Empowers the consumer** – through the provision of a sensitively written patient report with links to more information, which once activated by the health service the patient can choose to receive via email or SMS.
- ✓ **Encourages disclosure** – the use of digital devices (tablets and smartphones) encourages patients to respond more openly.
- ✓ **Can be tailored and customised to your clinic**, including the opportunity for your logo to be displayed within the iCOPE screen.

How the iCOPE screening tool works



Patient's mobile device

On the patient's smartphone, tablet or computer via SMS. As part of the Software as a Service (SaaS) iCOPE offering, a link can be sent to the client at, or prior to their appointment via SMS. This enables the client to complete their screen in the clinic waiting room, or at home prior to a telehealth consultation, meaning that screening can continue regardless of patients' ability to physically attend their appointment.



Clinician's desktop

The clinician can access the screening tool on their desktop computer and complete the screen with the patient during the consultation (either in-person or via telehealth).



Digital tablet device (iPad)

Clinics can acquire a registered tablet device as part of the iCOPE offering. The medical enterprise encrypted tablet comes with an inbuilt Telstra SIM, and enables the screen to be completed by the patient for in-person appointments either in the waiting room prior to the consultation, or within the consultation. These tablet devices are registered with our service, locked down and cannot be used for any other purpose.

Data security, collection and storage

iCOPE collects data in real time, all data is encrypted and stored in line with Australian Privacy Legislation and industry regulations. All data is stored within Australia, on the Diginostic secure medical health server.

The platform provides forensic digitalised date and time stamping that complies with Australian Digital Health Agency guidelines. No data is stored on the device.

The screen can be safely and securely undertaken on all mobile devices as iCOPE has built-in end-to-end encryption.

Our partnerships with COPE, Winthrop, Telstra and Cisco deliver a safe and secure solution to perinatal mental health screening that aligns with Commonwealth, State and Territory Privacy Legislation.

iCOPE setup

OBGYNs and GPs play a critical role in monitoring the mental health of patients as part of their perinatal care. The iCOPE platform has been developed so that it can be easily integrated into all private practice, clinic and hospital settings.

Diginostic ensures a clear and efficient set-up process, supported by our team of digital specialists. The integration of iCOPE into patient management systems is easy, and enables a smooth transition to incorporating iCOPE into your clinic. Clinics can also opt-in to use two perinatal mental health screening tools developed specifically for Aboriginal and Torres Strait Islander mothers.

iCOPE has been specifically designed to facilitate easy access to MBS item claims whilst meeting all auditing requirements.

For more information about the MBS fees and rebates visit our Medical Benefit Scheme (MBS) perinatal screening calculator at: diginostic.com.au/icope/mbs-calculator

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